



## **EXPRESSIONS OF INTEREST SOUGHT FOR STRENGTH & CONDITIONING PARTNERSHIP:**

Round Tower GAA club are seeking expressions of interest from suitably qualified candidates, within the club's membership whom are interested in forming a partnership with the club, and operating at their state of the art Strength & Conditioning (S&C) facility at their Monastery Road grounds.

The form of the partnership is open to discussion, but key elements would be that the facility would be made available to the service provider for their exclusive use for a specific period of time, and in return the service would provide a number of services including: provision of a player pathway for club teams from u-14 onwards, coach education and the provision of a set number of hours supervised S&C coaching for selected club teams.

The ideal candidate should possess the following pre-requisites:

### **Essential qualifications:**

- Bsc Hons Sport & Exercise Science, or S&C equivalent.
- The ability to grow a client list and maintain their own S&C/PT business.
- Proven track record in the planning and delivery of S&C for team sport athletes (preferably GAA), and have extensive knowledge of the principles surrounding the concept of LTPD.
- Successful candidates will be Garda vetted (child protection requirement).

### **Desirable qualifications:**

- Msc Sports Performance, Coaching Science, Physiology, Biomechanics or other human performance related area.
- One of the following accreditations: UKSCA, CSSC, BASES. (Or the ability to obtain within 12months).

**Candidates should complete the attached tender document outlining their proposed terms and method of LTPD, and send it along with their CV to [roundtowersandc@gmail.com](mailto:roundtowersandc@gmail.com) \*Please note that candidates will be shortlisted for interview, based on the information they provide. Closing date for applications is Friday 18<sup>th</sup> September 2020.**